

**LIFE MANAGEMENT CENTER OF NORTHWEST FLORIDA, INC.
JOB DESCRIPTION**

**DATE ESTABLISHED: 09/16/06
DATE AMENDED: 06/25/2020**

TITLE OF POSITION: Recovery Peer Specialist

POSITION NUMBER: 20-20

PROGRAM: Adult, Child, Crisis Services

COMPONENT: Early Psychosis Intervention and Care, Community Action Team, Outpatient Recovery Team, Project THRIVE, Crisis Stabilization Unit, Mobile Response Team, Florida Assertive Community Treatment Team, Bay Gulf Recovery Team

MINIMUM REQUIREMENTS: High-school Diploma or General Equivalency Degree and “lived experience” in at least one of the following areas:

- As an adult who has been in recovery for a minimum of 2 years from a substance use or mental health condition
- As a family member or caregiver to another individual who has or is in recovery from a substance use or mental health condition
- As a veteran of the armed forces who has been in recovery for a minimum of 2 years from a substance use or mental health condition

Additionally, 500 hours of supervised work and/or volunteer experience providing peer-to-peer recovery support services in any of the following domains (may be obtained post hire)

- Advocacy
- Mentoring
- Recovery Support

40 hours of content specific training as required by the Florida Certification Board for Certified Recovery Peer Specialists (may be obtained post hire but within one year)

Must have a valid Florida *driver's* license and meet all Center requirements for vehicle operations and transportation of persons in Center and non-Center vehicles. Completion of Cardiopulmonary Resuscitation and Basic First Aid training (within six months of hiring). Completion of four hours of HIV/AIDS education (within 30 days of hiring) and two hours of HIV/AIDS information (biannually). Successful completion of CPI (Crisis Prevention Institute) training (within six months of hiring) if hired in Crisis Stabilization Unit or with Mobile Response Team.

Compliance with minimum standards for screening of mental health personnel as contained in F.S. 394.4572.

SUPERVISOR: Component Director

POSITIONS SUPERVISED: None

SALARY MINIMUM: \$30,000 – and must obtain Florida Certification as CRPS within 12-months post hire.
\$32,000 – Bachelor’s level or higher and must obtain certification as CRPS within 12-months post hire.

WAGE AND HOUR STATUS: NON-EXEMPT

DESCRIPTION OF DUTIES AND RESPONSIBILITIES¹:

ESSENTIAL FUNCTIONS: (Essential functions of this position are listed below. The position also includes additional functions as needed and/or assigned by supervisor.)

1. Provide peer counseling and support, drawing on common experiences as a peer, to validate individuals' experiences and to provide guidance and encouragement.
2. Serve as a mentor to promote hope and empowerment.
3. Act as an interpreter to help non-mental health consumer team members better understand and empathize with each person's unique and subjective experience and
4. perceptions.
5. Provide expertise and consultation from a peer perspective to the entire team concerning the person's experiences with symptoms of mental illness, the effects and side-effects of medications, response to and opinions of treatment, and experiences of recovery.
6. Collaborate with the team to promote a team culture in which each person's point of view, experiences, and preferences are recognized, understood, and respected, and in which self-determination and decision-making in treatment planning are maximized and supported.
7. Help family members and consumers of mental health services to identify, understand, and combat stigma and discrimination associated with mental illness and develop strategies to reduce self-stigma.
8. Help other team members identify and understand culture-wide stigma and discrimination against people with mental illness and develop strategies to eliminate stigma within the team.
9. Collaborate with the team to ensure the protection of rights in order to help individuals understand their rights and grievances or complaint procedures.
10. Increase awareness of and support participation in consumer self-help programs and consumer advocacy organizations that promote recovery.

¹ Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

11. Serve as the liaison between the team and consumer-run programs such as self-help groups or support groups.
12. Assist in the provision of ongoing assessment of individual and family functioning and response to services. Provide input to the treatment team to effect appropriate planning changes that ensure immediate and appropriate interventions are provided in response to changes in the person/family status or functioning, or family issues which place the persons or family at risk (e.g., suicidality).
13. Perform mentoring, problem solving, encouragement and support.
14. Provide work-related supportive services such as assistance securing necessary clothing and grooming supplies, wake-up calls, and transportation.
15. Provide ongoing assessment, problem solving, side-by-side services, skill teaching, support (prompts, assignments, encouragement), and environmental adaptations to assist with activities of daily living.
16. Assist with the location of a safe and affordable place to live. This may include looking for housing, landlord negotiations, cleaning, furnishing and decorating, and procuring necessities (telephone, furniture, utility hook- up).
17. Provide side-by-side support, coaching and encouragement for socialization (going to community activities, including activities offered by consumer-run peer support organizations).
18. Help plan and carry out leisure time activities on evenings, weekends, and holidays.
19. Organize and lead individual and group social and recreational activities to help persons structure their time, increase social experiences, and provide opportunities to practice social skills.
20. Provide practical help and supports, mentoring, advocacy, coordination, side-by-side individualized support, problem solving, direct assistance and supervision to help persons obtain the necessities of daily living including:
 - medical and dental health care;
 - legal and advocacy services;
 - financial support such as entitlements; housing subsidies; money-management services;
 - household maintenance/management;
 - clothing and personal hygiene;
 - proper nutrition and meal management;

- transportation.

21. According to program requirements:

- Assist in the provision of direct clinical services to clients on an individual, group, and family basis in the office and in community settings to teach symptom-management techniques and promote personal growth and development by assisting persons served to cope with internal and external stresses.
- Assist in the provision of individual and group treatment in the office and in community settings in a stage-based treatment model that is non-confrontational, considers interactions of mental illness and substance abuse, and has client-determined goals.

OTHER ESSENTIAL FUNCTIONS:

1. Travel required between multiple service sites, to the homes or residences of persons served, and within the community.
2. Perform away-from-center intervention activities.
3. When no other alternatives are available, transport individuals in personal or Center vehicles.
4. Peer is expected to provide and document 105 hours of service each month.

Copy received by:

Employee

Date: _____

Supervisor

Date: _____