LIFE MANAGEMENT CENTER OF NORTHWEST FLORIDA, INC. JOB DESCRIPTION

DATE ESTABLISHED: 10/01/2015 DATE REVIEWED: 06/28/2021 DATE REVISED: 06/28/2021 DATE APPROVED: 06/29/2021

TITLE OF POSITION: Family Intensive Treatment (FIT) Master's Level Counselor

POSITION NUMBER: 29-10

PROGRAM: Bay Child

COMPONENT: Family Intensive Treatment (FIT) Team

MINIMUM TRAINING, CREDENTIALS AND EXPERIENCE REQUIRED:

A Master's or Doctoral degree in behavioral health sciences, such as mental health counseling, social work, art therapy, psychology, or marriage and family therapy; and a minimum of two years of experience working with adults with substance use disorders. Must have a valid Florida driver's license and meet all Center requirements for vehicle operations and transportation of clients in Center and non-Center vehicles.

Completion of Cardiopulmonary Resuscitation and Basic First Aid training (within six months of hiring).

Compliance with minimum standards for screening of mental health personnel as contained in F.S. 394.4572.

SUPERVISOR: FIT Team Leader

POSITIONS SUPERVISED: None

WAGE AND HOUR STATUS: Exempt: XXX (Professional)

Non-exempt:

DESCRIPTION OF DUTIES AND RESPONSIBILITIES: *

ESSENTIAL FUNCTIONS: (Essential functions of this position are listed below. The position also includes additional functions as needed and/or assigned by supervisor.)

- 1. Complete comprehensive evaluations that address individual needs, abilities, strengths and preferences. Address family dynamics that are relevant to successful family functioning.
- 2. Develop treatment plans and reviews in conjunction with other team members that address family factors.
- 3. Work with families toward the implementation of the treatment plan with emphasis on helping family members achieve resilience and autonomy.
- 4. Provide individual, family and group treatment.

^{*}Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

- 5. Participate in staffing and consultations in settings in which the family functions such as schools, work and recreational environments, staffing regarding child welfare issues.
- 6. Assist families with establishing a natural support system that provides ongoing support during and post program participation.
- 7. With other team members, provide support and education to family members to help them become knowledgeable about substance use and mental illness, collaborate in the treatment process, and assist in their family member's progress.
- 8. Regularly attend organizational staff meetings to assess client status and progress, to coordinate treatment activities, and to develop treatment solutions to problems other staff is having.
- Participate in staff training regarding skill development basic to the treatment of families involved in the Child Welfare system, and persons with substance use disorders and/ or co-occurring mental health difficulties.
- 10. Perform client related documentation in accordance with Center policies and procedures, component specific guidelines and contract provisions, as applicable.
- 11. Refer for client services as indicated.

OTHER ESSENTIAL FUNCTIONS:

- 1. Travel required between clinics and other sites including homes, schools and community locations where clients are served.
- 2. Maintain after hours' availability as required by the needs of the clients and as directed by the Team Leader.

Physical & Other Requirements:

Activity		Expectation	
Standing	☐ Minimal		☐ Frequent
Sitting	☐ Minimal		☐ Frequent
Driving vehicles	☐ Minimal		☐ Frequent
Lifting and/or Carrying		☐ Moderate	☐ Frequent
Bending and/or Stooping	☐ Minimal		☐ Frequent
Climbing Stairs and/or Ladders		☐ Moderate	☐ Frequent
Walking or Moving (between offices, other facilities, etc.)	☐ Minimal		☐ Frequent
Other (lift above waist/reaching etc., please explain) N/A	☐ Minimal	☐ Moderate	☐ Frequent
Sneaking: ✓ Ves	□ No		

*Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

Hearing: Reading Comprehension: Repetitive motion with hands,	wrists, arms] Yes] Yes] Yes	☐ No ☐ No ☐ No		
(e.g keyboard, typing, handwriting, etc.) Ability to lift and carry up to 10 pounds.		Yes	□No		
Ability to handle stressful situ	ations:] Moderate	⊠ Frequ	uent	
	Infrequent	Occasio	onal	Frequent	N/A*
Travel Same Day					
Travel Overnight	\boxtimes				
Overtime (Non-Exempt only)					\boxtimes
Holidays/Weekends					
Shift Work (PMs/Midnights)					\boxtimes
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 $^{{}^{\}star}\text{Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.}$