LIFE MANAGEMENT CENTER OF NORTHWEST FLORIDA, INC. JOB DESCRIPTION

DATE ESTABLISHED: 08/01/2014 DATE REVIEWED: 09/07/2021 DATE REVISED: 07/30/2018 DATE APPROVED: 07/30/2018

TITLE OF POSITION: Outpatient Counselor – Master's Degree

POSITION NUMBER: MH-50

PROGRAM: BAY

COMPONENT: Forensics Services

MINIMUM TRAINING, CREDENTIALS AND EXPERIENCE REQUIRED: Masters Degree from an accredited university or college with a major in counseling, psychology, social work, or human services related discipline (a human services related discipline is one in which major course work includes the study of human behavior and development. Prefer individuals with at least two years' experience working with applicable populations who have mental health, substance abuse, and/or co-occurring disorders or developmental disabilities. Ability to provide individualized, substance use, and co-occurring services to meet the needs of individuals served and their families.

Compliance with minimum standards for screening of mental health personnel as contained in F.S. 394.4572.

SUPERVISOR: Forensics Component Director

POSITIONS SUPERVISED: N/A

WAGE AND HOUR STATUS: Exempt - Professional

DESCRIPTION OF DUTIES AND RESPONSIBILITIES: *

ESSENTIAL FUNCTIONS: (Essential functions of this position are listed below. The position also includes additional functions as needed and/or assigned by supervisor.)

- 1. Meet minimum standards for screening of mental health personnel as contained in F.S. 394.4572.
- 2. Upkeep of quality assurance documentation standards is required at all level.
- 3. Maintenance of the minimum monthly productivity is expected at each review point (every 6 months or more as applicable).
- 4. Provide client with an appropriate orientation.

^{*}Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

- 5. Collect and analyze data considering the client's age, developmental level, treatment readiness, stage of change, gender, and cultural background, and complete mental health and substance abuse history.
- 6. Assess for mental health, substance use, and co-occurring disorders.
- 7. Use clinical data to arrive at a clinically supported and valid DSM diagnosis.
- 8. Arrive at treatment recommendations and level of care decisions that are appropriate to diagnosis, client's level of functioning, and medical necessity criteria.
- 9. Complete FARS/CFARS/OMIs in an accurate and timely manner.
- 10. Develop individualized treatment plans (*TX Plan*) based on assessment, the client's assessed stage of change, and in consultation with the client, family, and or treatment team as appropriate.
- 11. Address diagnosed mental health, substance use, and co-occurring disorders in the treatment plan.
- 12. Include the following elements in treatment plans and treatment plan reviews (*TPR*): diagnosis (*updated as needed*), SNAP (*updated as needed*), discharge criteria, and all services provided.
- 13. Create goals that use consumer's own words, are based on consumer's needs, and that have measurable objectives.
- 14. Assess treatment and recovery progress, and, in consultation with the client and significant others; make appropriate changes to the treatment plan to ensure progress toward treatment goals. (FTPR, progress notes, changes to treatment plan as indicated by client change).
- 15. Monitor and document progress of the client in relation to treatment goals and objectives.
- 16. Complete treatment plans and treatment plan reviews within established timeline. (Initial TX plan at intake or at least within 30 days; TPR at least every 6 months or as clinically indicated up to every 90 days; TANF and Substance abuse TPRs every 30 days).
- 17. Obtain, track, and update authorizations for services as needed. (example: TBOS, Psychosocial Rehab, etc.).
- 18. Provide individualized treatment services based on the treatment plan.
- 19. Provide integrated treatment to individuals assessed as having co-occurring disorders.

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- 20. Provide services based on strengths, needs, abilities, preferences, cultural identity, and language of the client.
- 21. Establish rapport with clients and families to foster engagement and develop a therapeutic process.
- 22. Involve family, social networks, and community systems in the treatment and recovery process as appropriate.
- 23. Adapt evidence-based practice to the individual needs of the client. (EBPs include, but not limited to, IDDT Integrated Dual Diagnosis Treatment, Seeking Safety, TFCBT Trauma Focused Cognitive Behavioral Therapy, Motivational Interviewing).
- 24. Conduct discharge planning with the client (and involved significant others when available and appropriate), and close client record in EHR.
- 25. Assess for risk and protective factors and provide services appropriate to identified risk and protective factors.
- 26. Recognize, respond to, high risk factors including suicidal and homicidal ideation.
- 27. Recognize, respond to, and defuses volatile or dangerous situations.
- 28. Provide crisis intervention services as needed.
- 29. Seek supervision and consultation as needed in regard to client's safety management.
- 30. Recognize and manage transfer of care and other critical points in treatment (critical risk points include but are not limited to: initial contact; change or transfer of care; change in legal status; change in life events; change in mental status; change in physical condition; change to a less restrictive level of care; discharge from services).
- 31. Develop appropriate client Personal Safety Plan as needed.
- 32. Complete documentation within 24 hours of service occurrence.

Physical & Other Requirements:

Activity		Expectation	
Standing	☐ Minimal Frequent		
Sitting	☐ Minimal Frequent		
Driving vehicles	☐ Minimal Frequent	☐ Moderate	
Lifting and/or Carrying	☐ Minimal Frequent		
Bending and/or Stooping	☐ Minimal Frequent		

^{*}Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

Climbing Stairs and/or Ladders				☐ Moderate		
Walking or Moving (between	een offices, other facilitie	s, etc.)	☐ Minimal Frequent			
Other (lift above waist/reachir Filing charts	ng etc., please explain)		⊠ Minimal Frequent	☐ Moderate		
Speaking: Hearing: Reading Comprehension: Repetitive motion with hands, w (e.g. keyboard, typing, handwrit Ability to lift and carry up to 10 Ability to handle stressful situation	rrists, arms ⊠ ing, etc.) pounds.	Yes Yes Yes Yes	□ No □ No □ No □ No	ent		
	Infrequent	Oc	casional	Frequen	t	N/A*
Travel Same Day			\boxtimes			
Travel Overnight						
Overtime (Non-Exempt only)						
Holidays/Weekends						
Shift Work (PMs/Midnights)						
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