LIFE MANAGEMENT CENTER OF NORTHWEST FLORIDA, INC. JOB DESCRIPTION

DATE ESTABLISHED: 8/30/2013 **DATE REVISED:** 1/22/2024 DATE REVIEWED: 2/05/2020 DATE APPROVED: 2/05/2020

TITLE OF POSITION: Children's Community Action Team (CAT) Mentor/Peer

POSITION NUMBER: 20-18 GC CAT

LOCATION: Gulf & Calhoun

PROGRAM: Children's Services

COMPONENT: Children's Community Action Team

MINIMUM TRAINING, CREDENTIALS AND EXPERIENCE REQUIRED: Certification as a Certified Recovery Peer Specialist certified by the Florida Certification Board; or qualify for peer certification as a parent of a child with a mental health diagnosis; High school diploma or equivalency and one year of experience working with children with behavioral health needs. Must have a valid Florida driver's license and meet all Center requirements for vehicle operations and transportation of clients in Center and non-Center vehicles.

Compliance with minimum standards for screening of mental health personnel as contained in F.S. 394.4572.

SUPERVISOR: CAT Team Leader

POSITIONS SUPERVISED: None

WAGE AND HOUR STATUS: Non-exempt

DESCRIPTION OF DUTIES AND RESPONSIBILITIES: *

ESSENTIAL FUNCTIONS: (Essential functions of this position are listed below. The position also includes additional functions as needed and/or assigned by supervisor.)

- 1. Facilitate positive family interactions and encourage mutual understanding.
- 2. Help youth explore interests and gain life experience.
- 3. Provide emotional support and guidance toward healthy decision making.
- 4. Encourage positive peer relationships and healthy social outlets.
- 5. Help find opportunities to develop skills and achieve personal growth.

- 6. Model and reinforce responsible interpersonal and self-respecting behavior.
- 7. Support educational and vocational development.
- 8. Provide respite.
- 9. Provide transportation.
- 10. Assist families with establishing a natural support system that provides ongoing support during and post program participation.
- 11. In relating to clients, maintain clarity on the difference between helping and friendship behaviors. Exercise good judgment with seeking supervision as needed.
- 12. Encourage positive parenting, and competence with family life skills management such as financial responsibility and homemaking skills.
- 13. With other team members, provide support and education to family members to help them become knowledgeable about mental illness, collaborate in the treatment process, and assist in their family member's progress.
- 14. Participate in the development of the comprehensive treatment plan for each person served at treatment planning meetings.
- 15. Observe youth and family functioning with special focus on behaviors that relate to the treatment plan goals and objective. Attend to signs of developing problems and promptly report to treatment team.
- 16. Regularly attend organizational staff meetings to assess client status and progress, to coordinate treatment activities, and to develop treatment solutions to problems other staffs are having.
- 17. Participate in staff training regarding skill development basic to the treatment of youth with Severe Emotional Disturbance and young adults with Severe and Persistent Mental Illness.

OTHER ESSENTIAL FUNCTIONS:

- 1. Travel required between clinics and other sites including homes, schools and community locations where clients are served.
- 2. Maintain after hours' availability as required by the needs of the clients and as directed by the Team Leader.

Physical & Other Requirements:

*Expectations regarding quality and quantity of work are further delineated in the criteria-based performance appraisal.

| Activity | | Expectation | |
|---|-----------|-------------|------------|
| Standing | 🗌 Minimal | 🛛 Moderate | Frequent |
| Sitting | 🗌 Minimal | 🛛 Moderate | Frequent |
| Driving vehicles | 🗌 Minimal | ☐ Moderate | ⊠ Frequent |
| Lifting and/or Carrying | 🗌 Minimal | 🛛 Moderate | Frequent |
| Bending and/or Stooping | 🗌 Minimal | 🛛 Moderate | Frequent |
| Climbing Stairs and/or Ladders | 🛛 Minimal | ☐ Moderate | Frequent |
| Walking or Moving (between offices, other facilities, etc.) | 🗌 Minimal | 🛛 Moderate | Frequent |
| Other (lift above waist/reaching etc., please explain) | Minimal | Moderate | Frequent |

Speaking:Image: NoHearing:YesNoReading Comprehension:YesNoRepetitive motion with hands, wrists, armsYesNo(e.g keyboard, typing, handwriting, etc.)No

Ability to lift and carry up to **10** pounds.

Ability to handle stressful situations:

🗌 Minimal

| | Infrequent | Occasional | Frequent | N/A* |
|----------------------------|-------------|------------|-------------|-----------|
| Travel Same Day | | | \boxtimes | |
| Travel Overnight | \boxtimes | | | |
| Overtime (Non-Exempt only) | | \square | | |
| Holidays/Weekends | \boxtimes | | \boxtimes | |
| Shift Work (PMs/Midnights) | | | | \square |

Copy received by:

Date _____

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