

Name \_\_\_\_\_

Case # \_\_\_\_\_



**Life Management Center**  
*Of Northwest Florida Inc.*

**Interactive Core Assessment**

Ages 13 to 18 years

**Please answer all the blue (unshaded) sections**

Client Name \_\_\_\_\_ Client's Age \_\_\_\_\_ Today's Date: \_\_\_\_\_

Name of the Person completing the survey \_\_\_\_\_ Relationship to Client \_\_\_\_\_

After you complete this information, you will be visiting with your service coordinator to talk about how best we can help you. If you need any help in completing this form, ask your service coordinator or someone at the front desk if you are at a service site.

Why are you seeking services from Life Management Center at this particular point in time? \_\_\_\_\_

What is your goal? \_\_\_\_\_

**PRESENTING PROBLEM**

Check the problem(s) your Teenager is having

|  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Sleep problems                | <input type="checkbox"/> Lying              | <input type="checkbox"/> Unmanageable behavior      | <input type="checkbox"/> Pregnancy           |
| <input type="checkbox"/> Runs away                     | <input type="checkbox"/> Self confidence    | <input type="checkbox"/> Problem w/ sexual behavior | <input type="checkbox"/> Fighting            |
| <input type="checkbox"/> Hears voices                  | <input type="checkbox"/> Hyperactive        | <input type="checkbox"/> Victim of abuse            | <input type="checkbox"/> School problems     |
| <input type="checkbox"/> Solving problems              | <input type="checkbox"/> Drug/alcohol abuse | <input type="checkbox"/> Friend problems            | <input type="checkbox"/> Verbally aggressive |
| <input type="checkbox"/> Self-harm                     | <input type="checkbox"/> Stealing           | <input type="checkbox"/> Toileting problems         | <input type="checkbox"/> Anxiety             |
| <input type="checkbox"/> Legal problems                | <input type="checkbox"/> Eating problems    | <input type="checkbox"/> Withdrawn                  | <input type="checkbox"/> Influenced by peers |
| <input type="checkbox"/> Poor communication w/ parents | <input type="checkbox"/> Other (explain)    |   |  |

Were you referred by someone to come to Life Management Center?  Yes  No If yes, please identify:  
 Another agency \_\_\_\_\_  Friend  Teacher  Pastor  Emergency Services referral  Other: \_\_\_\_\_

**Comments Presenting Problem: For Office Use Only**

**PROBLEM HISTORY**

Has your Teenager ever received counseling or behavioral health services in the past?  Yes  No If yes, please list the following:

| Provider | Reason | Ages | Effectiveness            |                          |                          |
|----------|--------|------|--------------------------|--------------------------|--------------------------|
|          |        |      | Poor                     | Fair                     | Good                     |
|          |        |      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|          |        |      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|          |        |      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|          |        |      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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Please list any prescribed psychiatric medications your Teenager is taking now or in the past (if any):

| Medication Name | Dosage | Frequency | Prescribing Physician | Effectiveness            |                          |                          |
|-----------------|--------|-----------|-----------------------|--------------------------|--------------------------|--------------------------|
|                 |        |           |                       | Poor                     | Fair                     | Good                     |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Comments Problem History: For Office Use Only-**

Has your Teenage experienced highly stressful events such as:  Neglect  Physical abuse  Sexual abuse  Loss of a loved One  
 Other kind of loss?  Witness to a highly disturbing situation?

**Comments trauma: For Office Use Only -**

Known triggers?

Do you have any concerns about drug, tobacco or alcohol use by your Teenager?  Yes  No

**Comment substance abuse: For Office Use Only (complete supplemental substance abuse screen where SA problem are indicated and If applicable, HIV/AIDS risk assessment):**

Age of onset: \_\_\_\_\_ Choice of substance: \_\_\_\_\_

Patterns of use: \_\_\_\_\_

Prior intervention: \_\_\_\_\_

Are there family problems with substance abuse or mental illness that may help explain your Teenager's problems?  Yes  No

**Comment family history of behavioral health problems: For Office Use Only -**

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### Family Background

Who has LEGAL custody of the Teenager? Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

If the Teenager does not live with the birth parent, who does the Teenager live with? \_\_\_\_\_

How many homes has the Teenager lived in since birth? \_\_\_\_\_

Who lives in the Teenager's household now?

| Name  | Age   | Relationship to Teenager |
|-------|-------|--------------------------|
| _____ | _____ | _____                    |
| _____ | _____ | _____                    |
| _____ | _____ | _____                    |
| _____ | _____ | _____                    |
| _____ | _____ | _____                    |

Are there other sisters/brothers not listed?  Yes  No  
 If No, are they  Living?  Separated?  Divorced?  Never Married?

If either parent has remarried, how many times? For Father \_\_\_\_\_ For Mother \_\_\_\_\_

What is the name of the parent the Teenager does not live with? \_\_\_\_\_

Does the Teenager have contact with the parent the Teenager does not live with?  No  Yes If yes, how often? \_\_\_\_\_

Has the Teenager ever been in foster placement?  No  Yes How many times? \_\_\_\_\_

Now? If now, who is the Teenager's Care Manager? \_\_\_\_\_

Is the Teenager legally adopted?  Yes  No At what age did this occur? \_\_\_\_\_ Is the Teenager aware of the adoption?  Yes  No

Check the problems that the family is having:

|   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Homelessness               | <input type="checkbox"/> Rules                 | <input type="checkbox"/> Fighting between kids          | <input type="checkbox"/> Talking                  |
| <input type="checkbox"/> Work pressure              | <input type="checkbox"/> Adolescent control    | <input type="checkbox"/> Divorcing/Separating parents   | <input type="checkbox"/> Ex-husband or wife       |
| <input type="checkbox"/> Showing affection          | <input type="checkbox"/> Religious differences | <input type="checkbox"/> Outside interference           | <input type="checkbox"/> Solving problems         |
| <input type="checkbox"/> Household responsibilities | <input type="checkbox"/> Expressing feelings   | <input type="checkbox"/> Personal privacy               | <input type="checkbox"/> Violence between parents |
| <input type="checkbox"/> In-law problems            | <input type="checkbox"/> Time spent together   | <input type="checkbox"/> Toileting                      | <input type="checkbox"/> Unemployment             |
| <input type="checkbox"/> Housing                    | <input type="checkbox"/> Transportation        | <input type="checkbox"/> Parents disagreeing about kids | <input type="checkbox"/> Paying bills             |
| <input type="checkbox"/> Medical Issues             | <input type="checkbox"/> Alcohol, drug misuse  | <input type="checkbox"/> Making decisions               |   |
| <input type="checkbox"/> Other Explain: _____       |  |   |   |

**Comments re Family: For Office Use Only-**

### Medical/Developmental History

Were there any complications during pregnancy or birth?  Yes  No Birth weight? \_\_\_\_\_ lbs \_\_\_\_\_ ozs

Was this a full-term pregnancy?  Yes  No If no, how many weeks was the pregnancy? \_\_\_\_\_

Did mother use during pregnancy  Prescription medications?  Illegal drugs?  Alcohol?  Tobacco?

Were there any problems right after the Teenager's birth?  Yes  No

Teenager's doctor name: \_\_\_\_\_ When was the Teenager's last physical? \_\_\_\_\_ Shots up-to-date?  Yes  No

Please list any non-drug allergies your Teenager has: \_\_\_\_\_

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Any drug allergies?  Yes  No If yes, what drugs? \_\_\_\_\_

Current medications (if any): (Include prescribed, over-the-counter, herbal remedies, vitamins, etc.)

| Medication Name | Dosage | Frequency | Prescribing Physician | Effectiveness            |                          |                          |
|-----------------|--------|-----------|-----------------------|--------------------------|--------------------------|--------------------------|
|                 |        |           |                       | Poor                     | Fair                     | Good                     |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                 |        |           |                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Did your Teenager seem to develop about the same as other Teenager n in such areas as talking, crawling, walking and potty training?  
 Yes  No

Can other adults understand your Teenager's speech  Yes  No Does your Teenager have any hearing or vision problems?  
 Yes  No

Has the Teenager ever had an unusual sickness or on-going health problem?  
 Yes  No

**Comment Medical/Developmental history: For Office Use Only –**

### Educational Legal Information

How many schools has the Teenager attended since Kindergarten ? \_\_\_\_\_ What grade is the Teenager in now? \_\_\_\_\_

Name of school: \_\_\_\_\_ Are the Teenager's grades been:  above average  average  below average

Has the Teenager ever:  Skipped a grade  Been held back  Been home schooled  Been in an advanced class

Has the Teenager had special help for:  Learning?  Behavior?  Emotional control?  Speech?  Physical Limitations?

Does anyone in the Teenager's family have a learning problem?  Yes  No

Has the Teenager ever:  Been arrested  Done community service hours?  Been in detention?  Been on community control?

### Strengths and Resources

Does your family receive?

|   |                               |                                   |   |
|---|-------------------------------|-----------------------------------|---|
| <input type="checkbox"/> Teenager Support | <input type="checkbox"/> SSI  | <input type="checkbox"/> Medicaid | <input type="checkbox"/> Subsidized Housing |
| <input type="checkbox"/> Food Stamps      | <input type="checkbox"/> TANF | <input type="checkbox"/> WIC      | <input type="checkbox"/> SSA                |
| <input type="checkbox"/> Other? Explain   |                               |                                   |   |

What are the strengths of family?

|  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Good Health       | <input type="checkbox"/> Extended Family Support  | <input type="checkbox"/> Stable Income            | <input type="checkbox"/> Little Debt       |
| <input type="checkbox"/> Safe Neighborhood | <input type="checkbox"/> Shared Parenting Beliefs | <input type="checkbox"/> Good Housing             | <input type="checkbox"/> Shared Interests  |
| <input type="checkbox"/> Good Education    | <input type="checkbox"/> Good Communication       | <input type="checkbox"/> Harmonious Relationships | <input type="checkbox"/> Faith             |
| <input type="checkbox"/> Cultural Heritage | <input type="checkbox"/> Time Spent Together      | <input type="checkbox"/> Adequate Transportation  | <input type="checkbox"/> Humor             |
| <input type="checkbox"/> Good Housekeeping | <input type="checkbox"/> Good Credit              | <input type="checkbox"/> Mutual Respect           | <input type="checkbox"/> Regular Mealtimes |
| <input type="checkbox"/> Other Explain:    |   |   |  |

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**What are the strengths of the Teenager?**

|  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Healthy             | <input type="checkbox"/> Good student           | <input type="checkbox"/> Athletic                   | <input type="checkbox"/> Sense of humor    |
| <input type="checkbox"/> Artistic            | <input type="checkbox"/> Relates well to adults | <input type="checkbox"/> Gets along well other kids | <input type="checkbox"/> Good energy level |
| <input type="checkbox"/> Able to concentrate | <input type="checkbox"/> Self reliant           | <input type="checkbox"/> Knows right from wrong     | <input type="checkbox"/> Manages feelings  |
| <input type="checkbox"/> Other Explain:      |   |   |  |

**Comment Strengths and Challenges: For Office Use Only -**

**Special Needs**

Do you or your Teenager need any of the following to participate in services:  Wheelchair  Equipment to assist hearing

Signing services  Materials for visual challenges  Other (specify) \_\_\_\_\_

Are there cultural needs (ethnicity, language, religion, customs, and beliefs) that are important to our work with the Teenager or family?  Yes  No

Does your Teenager have any of the following needs in addition to mental health services for which you would like a referral?  Yes  No If yes, specify:  Educational  Medical  Speech  Other (Specify) \_\_\_\_\_

The above information is complete and accurate to the best of my knowledge.

\_\_\_\_\_  
*Signature of parent/guardian*

\_\_\_\_\_  
*Date*

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**CURRENT MENTAL STATUS EVALUATION ---- ADOLESCENT 13-18**

**Notation Symbols:**

|    |                                       |             |                      |                    |
|----|---------------------------------------|-------------|----------------------|--------------------|
| √  | Determination made                    | Not Present | Slight or Occasional | Marked or Repeated |
| HX | History: described but not determined |             |                      |                    |
| ND | No data and cannot be determined      |             |                      |                    |

**LEVEL OF CONSCIOUSNESS**

1. impaired level of consciousness \_\_\_\_\_

**APPEARANCE**

2. physically unkempt, unclean \_\_\_\_\_

3. clothing disheveled, dirty \_\_\_\_\_

4. clothing atypical, unusual, bizarre \_\_\_\_\_

5. unusual physical characteristics \_\_\_\_\_

**BEHAVIOR**

**Posture**

6. unusual posture \_\_\_\_\_

**General Body Movements & Activity**

7. overactive \_\_\_\_\_

8. under active \_\_\_\_\_

**Other Motor Behavior**

9. unusual motor behavior \_\_\_\_\_

10. unusual eye contact \_\_\_\_\_

**Amplitude & Quality of Speech**

11. loud \_\_\_\_\_

12. soft \_\_\_\_\_

13. increased quantity \_\_\_\_\_

14. decreased quantity \_\_\_\_\_

15. rapid \_\_\_\_\_

16. slow \_\_\_\_\_

17. atypical quality \_\_\_\_\_

**Observer Client Relationship**

18. domineering \_\_\_\_\_

19. submissive, overly compliant \_\_\_\_\_

20. provocative \_\_\_\_\_

21. suspicious \_\_\_\_\_

22. uncooperative \_\_\_\_\_

**MOOD & AFFECT**

**Mood**

23. anxious \_\_\_\_\_

24. depressed \_\_\_\_\_

25. angry \_\_\_\_\_

26. happy \_\_\_\_\_

**Affect**

27. inappropriate \_\_\_\_\_

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- |                            |                          |                          |                          |
|----------------------------|--------------------------|--------------------------|--------------------------|
| 28. reduced in range _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. labile _____           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Notation Symbols:**

|    |                                       |             |                      |                    |
|----|---------------------------------------|-------------|----------------------|--------------------|
| √  | Determination made                    | Not Present | Slight or Occasional | Marked or Repeated |
| HX | History: described but not determined |             |                      |                    |
| ND | No data and cannot be determined      |             |                      |                    |

**PERCEPTION**

- |  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
| 30. illusions _____                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 31. auditory hallucinations _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 32. visual hallucinations _____        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 33. other type of hallucinations _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 34. abnormal _____                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**COGNITION**

**Orientation**

- |                                    |                          |                          |                          |
|------------------------------------|--------------------------|--------------------------|--------------------------|
| 35. disoriented to person _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 36. disoriented to place _____     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 37. disoriented to time _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 38. disoriented to situation _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Memory**

- |                                     |                          |                          |                          |
|-------------------------------------|--------------------------|--------------------------|--------------------------|
| 39. impaired attention _____        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 40. impaired immediate memory _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 41. impaired recent memory _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 42. impaired remote memory _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Intellectual Functioning**

- |   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| 43. impaired abstract thinking _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 44. impaired general intelligence _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Thought Content**

- |                                   |                          |                          |                          |
|-----------------------------------|--------------------------|--------------------------|--------------------------|
| 45. obsessions _____              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 46. compulsions _____             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 47. phobias _____                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 48. derealization..... _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. depersonalization _____       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 50. delusions _____               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 51. ideas of reference _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 52. hypochondriacal _____         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 53. religiously preoccupied _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 54. sexually preoccupied _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 55. assaultive ideation _____     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 56. homicidal ideation _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 57. homicidal intent _____        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 58. homicidal plan _____          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 59. homicidal behavior _____      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Notation Symbols:**

|    |                                       |             |                      |                    |
|----|---------------------------------------|-------------|----------------------|--------------------|
| √  | Determination made                    | Not Present | Slight or Occasional | Marked or Repeated |
| HX | History: described but not determined |             |                      |                    |
| ND | No data and cannot be determined      |             |                      |                    |

**COGNITION****Thought Content (cont)**

- |                                       |                          |                          |                          |
|---------------------------------------|--------------------------|--------------------------|--------------------------|
| 60. suicidal ideation _____           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 61. suicidal intent _____             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 62. suicidal plan _____               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 63. suicidal behavior/ attempts _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Flow of Thought; rate & continuity**

- |  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
| 64. slowed or inhibited thinking _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 65. rapid or racing thinking _____     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 66. circumstantiality _____            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 67. tangentiality _____                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 68. thought blocking _____             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 69. perseveration _____                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 70. echolalia _____                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Form of Thought**

- |                              |                          |                          |                          |
|------------------------------|--------------------------|--------------------------|--------------------------|
| 71. illogical _____          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 72. overly concrete _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 73. overly abstract _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 74. neologisms _____         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 75. impaired coherence _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Insight**

- |  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
| 76. difficulty acknowledging the presence of<br>psychological problems _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 77. difficulty in understanding the cause of<br>psychological problems _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Judgment**

- |   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| 78. impaired ability to manage activities of daily living _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 79. impaired ability to make reasonable life decisions _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Sleep and Appetite**

- |                             |                          |                          |                          |
|-----------------------------|--------------------------|--------------------------|--------------------------|
| 80. impaired sleep _____    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 81. impaired appetite _____ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |